

CSC Instructions for sailors during COVID-19

1. Do not attend if you or any family members develop Covid-19 symptoms.
2. Arrive at the club dressed in your sailing gear.
3. Please wash your hands with soap or sanitise with alcohol gel provided upon arrival.
4. Maintain 2m social distancing with all sailors and safety boat crew at all times.
5. Rig your own boat.
6. Do not touch the RIB unless instructed to do so by safety boat crew.
7. Please wash your hands or sanitise before leaving the club.
8. Please don't attend with any other (non-sailing) family members to allow us to adhere to government guidelines.
9. If you use the toilet please spray toilet seat, flush handle and taps after use with the bleach provided.

SATURDAY SAILING:

Coaching

Coaching times to be set by Coach team

Minimum 30 minutes before start: Arrive dressed in sailing gear and rig boats

Twenty minutes before start: Safety Boat launched

Dinghies launched on direction of Coach

All on water activities at Coach's direction

After session: Derig, recover rescue boat and go home

Dinghy Racing

Race times as sailing calendar

Minimum 30 minutes before start: Arrive dressed in sailing gear and rig boats

Twenty minutes before start: Safety Boat launched

Dinghies launched one at a time

After racing: Derig, recover rescue boat and go home

SUNDAY SAILING:

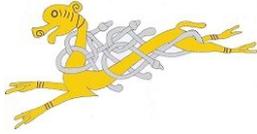
12.30 (min): Arrive dressed in sailing gear and rig boats

12.50: Support Boat launched

13.00: Dinghies launched one at a time on direction of Cover Driver

14.00: Arrive CLYC for training / sailing

Varies, Return to CSC, Derig, recover rescue boat and go home



CSC Instructions for safety boat crew, race officers and coaches during COVID-19

1. Do not attend if you or any family members develop Covid-19 symptoms.
2. Arrive at the club dressed in your sailing gear.
3. Please wash your hands with soap or sanitise with alcohol gel provided upon arrival.
4. Maintain 2m social distancing with all sailors and safety boat crew at all times.
5. Prepare the RIB for launch. Bring gloves and mask/Buf on water.
6. Coordinate launch and recovery of support boats while maintaining social distance.
7. Remind all participants that they should have registered / logged in online.
8. Support Boat crew to clean the rib ready for the next crew.
9. Please wash your hands or sanitise with alcohol gel before leaving the club.

Instructions for use of the toilet facilities

Toilet only facilities are available please follow these guidelines strictly.

Before Use

1. Use the Sanitiser/handwash will be supplied on hands.
2. Use Spray to sanitize the toilet, flush handle, taps and door handles.

After use (repeat the process)

1. Use the Sanitiser/handwash to cleanse hands.
2. Use Spray to sanitize the toilet, flush handle, taps and door handles.